



CAPE TOWN FIRE & RESCUE SERVICE

SERVICE NOTICE

Toughest Fire Fighter Alive Mossel Bay 2024

Preamble: Toughest Fire fighter Alive Mossel Bay 2024 Results

Kindly be aware that the following staff members competed at the Toughest Fire Fighter Alive 2024 that took place in Mossel Bay from the 25th to the 28th of September 2024. The City of Cape Town Fire and Rescue Service entered twenty-six competitors comprising of seven women and nineteen men. The event consisted of individual and relay events. The team performed exceptionally well and brought back 10 medals in total with Baigum Abrahams retaining her title as the top Woman in South Africa. The following were the results achieved. Congratulations to all the fire fighters involved and may this serve as motivation to build an even stronger team for the future.

Women's Open:

18-29 Baigum Abrahams – Gold
30-34 Courtney Groener – Silver
35-39 Nomvuyiseko Lungile – Gold
40-44 Thobeka Senatse – Gold

Women's relay – Groener; Abrahams; Senatse; Lungile – Gold

Men's Open:

18-29 Xolisa Silinga – Gold
35-39 Aneeb Moses – Bronze
45-49 Rudi van der Bergh – Silver

Men's Open Relay – Silinga; Moses; Jacobs; Loliwe – Bronze

Men's 40+ Relay – Armien; van der Bergh; Booyesen; Grobbelaar - Gold

Clinton Manuel
Chief Fire Officer
City of Cape Town Fire & Rescue Service

30 September 2024